

Curriculum details

20 week course (new to sector) 15 week course (already in sector). 3hrs a week with some additional work to be completed at home. English, Maths and ESOL can be facilitated in addition to the Health and care course.

Upon completion attendees will achieve the City & Guilds level 1 award in Preparing to work in adult social care or An Introduction to the Health and Social care sector including adults, children and young people qualification. Furthermore, the participants would have gained the skills and knowledge required to be able to complete the care certificate upon gaining employment in the adult social care sector.

Curriculum 1: Level 1 Award in Preparing to work in Adult Social Care (currently employed)

Course description

An introduction into the skills, knowledge and behaviours for an employee in the adult social care sector.



Units included:

Mandatory Units

- Introduction to the adult social care sector.
- Introduction to the values and principles of adult social care.
- Awareness of the skills and attitudes needed to work in adult social care.
- Awareness of communication in adult social care.
- Awareness of the role and responsibilities of the adult social care worker.



Curriculum 2: Level 1 Award in Introduction to Health, Social Care and Children's and Young People's Settings (new to sector)

Course description

An Introduction to the skills, knowledge and behaviours for an employee in the Health and Social care sector including adults, children and young people.

Both Curriculums will include, in addition to the City and Guilds Qualification, the theory element of all the 15 Care Certificate standards.

These topics include:

- Understand your role
- Your personal development
- Duty of care
- Equality and diversity
- Work in a person-centred way
- Communication
- Privacy and dignity
- Fluids and nutrition
- Awareness of mental health, dementia and learning disabilities
- Safeguarding adults
- Safeguarding children
- Basic life support
- Health and safety
- Handling information
- Infection prevention and control

Units included:

Mandatory Units

- Understand the range of service provision and roles within health and social care (adults and children and young people), early years and childcare.
- Understand the principles and values in health and social care (adults, children and young people), early years and childcare.

Optional Units: (minimum of 4 credits)

- Awareness of protection and safeguarding in health and social care (adults and children and young people), early years and childcare
- Introduction to communication in health and social care (adults and children and young people), early years and childcare.
- Introductory awareness of equality and inclusion in health, social care and children's and young people's settings.
- Introductory awareness of health and safety in health, social care and children's and young people's settings.
- Introductory awareness of person-centred support in health, social care and children's and young people's settings.
- Introductory awareness of working with others in health, social care and children's and young people's setting.
- Introductory awareness of the importance of healthy eating and drinking for adults